

IMPORTANT INSTRUCTIONS PRIOR TO ORAL SURGERY

- Expect **3-5 days for recovery**.
- **Take medication**, as prescribed by your surgeon.
- **Prepare ice packs, soft foods** such as yogurt, oatmeal, Jell-O, pureed foods, ice cream, omelette and soups. You may also get food supplements such as *Ensure* or *Boost*.
- Please **advise the surgeon if your medical condition has changed**, or you are taking any new medication since your last visit.
- **Please bring the required fees**, as per your estimate, payable by cash, Interac, Visa, Master Card or American Express.
- **A minimum 48-hour cancellation notice is required** to avoid cancellation fees.

IF YOU ARE TAKING I.V. SEDATION or ATIVAN

- A responsible adult **MUST ACCOMPANY YOU** to your surgery, drive you home, and be with you for the first 24 hours after surgery
- **Expect to be drowsy** and plan to rest at home for 24 hours
- **No physical activity** for 24 hours
- **No alcohol, driving or operating dangerous machinery** for 24 hours or longer, if drowsiness persists

IF YOU ARE TAKING I.V. SEDATION or LAUGHING GAS

- **DO NOT EAT OR DRINK 8 hours prior to surgery**
- Prescribed medication may be taken with a small amount of water
- Ladies must remove nail polish and lipstick
- Wear loose-fitting clothes. Do not wear your contact lenses.